



## Contract and Code of Conduct for Coaches

- Coaches are expected to act in 'loco parentis' once a child is left in the care of coaches and act as 'responsible sports coaches'.
- The Coaches 'loco parentis' role commences at the start of the gymnastics class through to the end of the class, when gymnasts are discharged to the care of their parent(s).
- Coaches should hold a valid and nationally recognised governing body coaching qualification and ensure that their coaching knowledge and practice are according to current best practice (unless they are in the role of Coach under Instruction).
- Coaches must hold valid public liability insurance through UK Gymnastics.
- Coaches must place the well being and safety of the performer above the development of performance. They should follow all guidelines set down by UK Gymnastics.
- Coaches must encourage and guide performers to accept responsibility for their own behaviour and performance.
- Coaches must ensure the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the individual.
- Coaches should, at the outset, clarify with performers exactly what is expected of them and what performers are entitled to expect of their coach.
- Coaches should consistently display high standards of behaviour and appearance.
- Coaches should not wear jewellery in a training session or competitive event.
- Coaches must never allow gymnasts to leave the training areas without a responsible adult.
- Coaches must make themselves known to parents of new gymnasts to ensure that gymnasts only leave the training venue with a known face.
- Coaches are to provide a 'safe' training environment for all gymnasts.
- Coaches must check equipment before use.
- A qualified First Aider (usually a coach) must always be on site.
- Coaches must never give a gymnast a lift home unless another gymnast or adult is present.
- Coaches must never train in a one to one situation with gymnasts.
- Coaches are to ensure that gymnasts are fit to train and are to not promote continued training for an injured gymnast.
- Coaches should wear Gymfinity Kids club uniform at training sessions.
- Coaches should not allow children in their group to go to toilet or leave the gym without an appropriate adult to accompany the gymnast.
- Coaches must arrive at the sessions five minutes before the start and must help put equipment out and away.
- All coaches have been shown to put equipment out and therefore by signing this document you confirm this and waive any rights to claim in the event of an accident
- Coaches must be active at all times of the session , supporting children in the warm up , main body, cool down, registration and door management at start and end of the sessions.

Signed \_\_\_\_\_(coach)

Signed \_\_\_\_\_ (head coach)

Date \_\_\_\_\_