



# The **Golden Rules** (for grown-ups)

One of our goals is to create a special place full of encouragement, inspiration and motivation. We can't create this place without the support of our wonderful parents. So we've put together the following rules:

## **Be on time**

We understand how parenting can sometimes feel like a bit of a balancing act, so we kindly ask all our parents to try their best to arrive 5 minutes before their child's class begins.

## **Language**

We want to make sure our clubs are family friendly, so we ask all our parents to be mindful of the language they use whilst in the club.

## **Don't distract**

Try your best not to distract any child before they perform a move. We want to keep all children safe whilst they are training, so it's important they have time to focus on learning and have fun mastering new "superhero flying tricks".

## **Keep us in the loop**

We want your child to get the most out of their tailored gymnastics or ninja classes. So, we ask all our members to keep us in the loop with any changes. If your child is going to miss their class due to illness, injury or holiday let us know.

## **Encourage**

Not only do we want to create great gymnasts and ninjas, we also want to create great sportsmanship. We ask all members to set a good example by encouraging not only their own child but others too.

## **Stay safe**

We are fully committed to safeguarding and promoting the well-being of all our members. So, members are encouraged to be open and share any concerns or complaints that they may have with the Club Manager directly. Please note it is also the parent's responsibility to ensure that their child safely enters and leaves the gym floor before and after their session.



# The **Golden** Rules (for kids)

We want to deliver the very best child-focused sports programs, that teaches “superhero flying tricks”. We can’t do this without the help of our amazing Gymnasts and Ninja Knights! So we’ve put together the following rules:

## **Uniform**

Gymfinity Kids must all wear the right clothing for their class, which is shorts and t-shirt, leggings and a t-shirt or leotard. Remember, no footwear is allowed on the gym floor. Long hair needs to be tied back and take off any jewellery– if ears have recently been pierced, they must be covered up with sticky tape or plasters.

## **No food**

It’s thirsty work being a Gymfinity Kids so remember to bring a water bottle to your class. Remember no food or chewing gum is allowed onto the gym floor at any time.

## **Respect**

We all matter at Gymfinity Kid and only the “nicest humans in the world” are coaches, so we ask everyone at our club to treat others the way they would like to be treated, with respect. We also kindly ask all Gymnasts and Ninja Knights to treat all equipment with respect too.

## **Be Safe**

We want to make sure everyone in the club stays safe. This means listening to your coach’s instructions and at the end of your class waiting patiently for your parent to collect you.

## **Have fun & celebrate**

Not only do we want to teach you all how to be great Gymnasts and Ninjas Knights, we also want to create great sportsmanship and have lots of fun learning. Cheer your friends on and celebrate their achievements too!