

Covid-19 update

# HEALTH & SAFETY

at gymfinity**KIDS**  
GYMNASTICS + NINJA



# Preparing at home

We kindly ask adults to have children **arrive at club wearing their training kit.**

At this time we cannot facilitate changing in the club, so we suggest arriving in **easy to remove shoes** such as sliders or flip flops.

To stay hydrated we ask every child to bring their own **personal drinking bottle.**

Please remind your child about the importance of **social distancing** before coming to class.



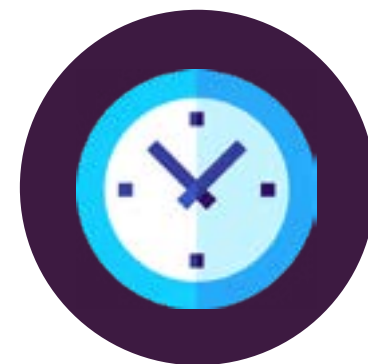
# Arriving & leaving

**Only 1 adult** should accompany your child to class, using the **social distancing floor guides** to queue.

To **avoid bringing any non-essential items** into the gym area, we kindly ask adults to take their child's shoes, hoodies ect with them after drop-off.

To reduce the overall number of people in the club, **adults are unable to stay** and view classes.

**Hand sanitiser** stations are provided so children can clean their hands at the start, during and end of their class.



# Reducing crossover

We have a new safety routine to **reduce the number of people** entering and exiting the club at the same time.

Our team will welcome adults arriving to drop-off children first, then adults picking up children from the previous class will be invited into the building 5-minutes after their class has ended.

Classes will last an hour, we kindly ask that adults pick-up and drop-off their child promptly.



# Temperature check

Before entering the club, a member of our friendly team will carry out a **non-contact temperature check** wearing PPE, including a face mask.

If any child has a temperature higher than 38 degrees C, they will be sent home and parents advised to self-isolate per **government guidelines**.



# During classes

Coaches will wash their hands before and after classes with regular hand sanitisation throughout. Team members will wear PPE when required.

Children will train in groups with 1 coach, separate from all other groups, including warm up and cool down.

Gym equipment inside the club has **social distancing guides**.

During classes, a **Floor Leader** will ensure safety measures are being followed.



# Cleanliness

All equipment is **cleaned and sanitised** after each class and rotation. Bathrooms are cleaned and sanitised between and during classes too.

**Chalk bowls have been removed**, please bring your own chalk if required.

The safety of our children and team is paramount, therefore we have invested in state-of-the-art fogging machines. These machines alongside [antiviral disinfectant solution](#) provide an effective barrier against harmful bacteria and viruses for up to 24hrs, without the need for reapplication.



# Contact us

To provide the safest environment for your child, we will not have a reception team available during class times.

If you would like to get in touch please contact our member services team:  
**[info@gymfinitykids.com](mailto:info@gymfinitykids.com)**

Meetings with Club Management in person can be arranged outside of class times by appointment only.





# Covid-19 symptoms

As per the government guidelines, if your child or a member of your household displays any of the Covid-19 symptoms **stay at home.**

Please **do not** bring your child to the club.

Self-isolate and follow the latest NHS advice:  
[www.nhs.uk/conditions/coronavirus-covid-19](https://www.nhs.uk/conditions/coronavirus-covid-19)