

Anti-bullying Policy

At Gymfinity Kids we know that parenting can sometimes feel like a bit of a balancing act. So, to help you get the best out of Gymfinity Kids we've made our policies easy for parents to follow. After reading through, if you have any questions a member of our team will be happy to help you.

Gymfinity Kids Ltd is committed to creating an environment where members feel they can work without threat, anxiety and fear. Bullying of any kind is NOT acceptable and should be shared with others. All members must understand that any incidents will be dealt with promptly and effectively.

What is Bullying:

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing

Why is it important to respond to bullying?

- Clubs have a responsibility to respond promptly and effectively to issues of bullying. Any issues of bullying should be shared and reported to the Welfare Officer.

Signs and Symptoms

Somebody may indicate by signs or behaviour that they are being bullied. We should be aware of these possible signs, and that they should investigate if someone:

- Doesn't want to come to the gym
- Changes their usual routine
- Becomes withdrawn anxious, or lacking in confidence
- Starts stammering
- Feels ill before coming to the gym

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated. Please contact your Club Manager to report any incidences.